



Gymnastics Now.

Champions and Leaders for Life.

November 2014

Happy Thanksgiving!

NO CLASSES NOV. 24 - 28

There will be no classes or Preschool Playtime during the Thanksgiving holidays, November 24-28. Everyone at Bama Bounders would like to wish you and your family a very Happy Thanksgiving!

PARENTS NIGHT OUT

Friday, Nov. 7th "Turkey Tumble"

Don't miss out on our November "Turkey Tumble" Parents Night Out on Friday, November 7th. Come be a part of a night filled with gymnastics, games, contests, art projects, trampoline, a movie, pizza and so much more!

The cost of Parent's Night Out is \$20. The evening is from 6:00 – 10:00 p.m. All students and their friends are invited to attend. All participants must be potty trained!

Be sure to sign up at the front desk to reserve your spot today! **Upcoming Dates are:**

Dec. 5th, Jan. 16th, Feb. 13th

VETERANS DAY CAMP Tuesday, Nov. 11th 8:00 a.m.-4:00 p.m.

Don't miss out on a fun filled day of gymnastics when you are off of school on Veteran's Day! We will also do trampoline, art project, pizza lunch, games and so much more! What a fun way for your child to spend their day off of school! Camp is from 8:00 a.m. – 4:00 p.m. Call or stop by today to reserve your spot!

CONGRATULATIONS HALLOWEEN COLORING CONTEST WINNERS

Thank you to everyone who participated in our Halloween coloring contest. The winners are:

Edie Commerford – 2 & under Molly Doxey – 3 year olds Abby Givens – 4 year olds Emily Ervin – 5&6 year olds Jada Binion – 7&8 year olds Maci Kornegay – 9 & up

CARTWHEEL-A-THON FOR ST. JUDES CHILDREN'S HOSPITAL

November 17th - 21st

We will be hosting our annual Cartwheel-A-Thon to raise money for St. Jude's Children's Hospital during the week of November 17th. All students will receive a pledge form prior to this week. Then during the floor rotation each student will do as many cartwheels as they can!

We have so much to be thankful for this time of year, so we hope you will support our cause to help the children at St. Judes. Thanks for your support!

GYMNASTICS GIFTS FOR THE HOLIDAYS!

Are you looking for the perfect gift for the gymnast on your Christmas list? We have mats, beams, other gymnastics equipment, leotards and Bama Bounders apparel available! Do your Christmas shopping while your child is in class! Deadline to order gymnastics equipment is Thursday, November 20th. Stop by the front desk to order your today!

PRESCHOOL PLAYTIME Tuesdays and Fridays 10:00 – 11:00 a.m.

Preschool Playtime is every Tuesday and Friday from 10:00 – 11:00 a.m. This is a special gym time for our littlest gymnasts (ages 4 years and younger) and their parents or guardians. Bama Bounders instructors are on hand to help with skills, give advice and for a fun end of the hour activity. The cost is \$5 per child per visit. Bring a friend too!

BAMA RAMA November 7 – 9 Belk Activity Center

The Bama Bounders gymnastics team is hosting their annual Bama Rama gymnastics meet Novembr 7-9. Come out and watch the Bounders compete at the Belk Activity

Center. All students will receive flyer for one free child admission. We hope to see yout there!!

NOVEMBER BIRTHDAYS!

Bama Bounders would like to wish a Happy Birthday to the following students with November birthdays: Amelia Allen, Jada Archibald-Binion, Leila Blankenship, Havla Broadwater, Samantha Brothers. Bailey Browning. Chloe Calhoun, Jackson Cook, Madison Dowdell, Madeline Evans, Sawyer Farley, Kynnedi Gipson, Abby Givens, Zoe Gray, Gurske, Lamarreya Harden, Emily Grace Herron, Riley Hibbard, Addisyn Hill, Jane Hollowell, Kathryn Kayor, McCollough, Abigail Anna McDaniel, Analiese McDonald, Mia McNeil, Destiny Meeks, Karleigh Miller, Paisley Peck-Love, Christopher Redd, Julia Renz, Mega Roberts, Addyson Ross, Abigail Rothman, Kaitlyn Roulaine, Seales and lvy Kyleigh Thomas.

BIRTHDAY PARTIES We offer parties on Saturdays and Sundays!

Looking for a fun place to have a birthday party? Why not come to a Bama Bounders birthday party?!?! Parties are now offered on Saturdays and Sundays. Our new times for



Saturdays are 10:00 a.m., 12 noon, 2:00 p.m. and 4:00 p.m. Sunday party times are

3:00 p.m. and 5:00 p.m.

The party starts with one hour of gymnastics with Bama

Bounders instructors followed by 30 minutes of party time for you for cake and presents. The birthday child receives a t-shirt and all children receive a goodie bag. Parties start at \$115. For the safety of everyone, we have a maximum of 25 children per party. Be sure to check out all the different options to find the one that fits you best! A \$50 non-refundable deposit is due at the time the party is booked.

Book your Bama Bounders birthday party today!

FIELD TRIPS

We offer field trips at Bama Bounders! Bring your daycare, preschool, church group, girl or boy scout troop, play group or any other group that might be interested in a field trip.

The field trip is one hour of gymnastics and games for only \$5 per student. Field trips can be held in the mornings or early afternoons, as well as Saturdays. Check with the office for more information or to book your group's field trip today!

DO YOU FOLLOW US ON SOCIAL MEDIA?

Be sure to follow Bama Bounders on Facebook, Instagram and Twitter to see what's going on at Bama Bounders!







BAMA BOUNDERS OFFSITE PROGRAMS

Bama Bounders not only offers great gymnastics classes in our gym, but we can come to your school or daycare as well! We will be in several different schools this fall. If your school or daycare is interested in Bama Bounders being a part of their aftercare program, give us a call!!

FREE WI-FI AT BAMA BOUNDERS!

Do you need to get some work done while your child is in class or want to catch up on the latest news or sports? Now you can take advantage of free Wi-Fi from Bama Bounders! Bring your laptop or web enabled phone or table to the gym and surf away! SSID: BounderPublic and password: 2057222436

UPCOMING EVENTS November 7th

Parent's Night Out "Turkey Tumble" 6:00 – 10:00 p.m.

November 7th - 9th

Bama Rama Meet
Hosted by Bama Bounders
Belk Activity Center
All students will receive a free
admission flyer

November 11th

Veteran's Day Camp 8:00 a.m. – 4:00 p.m.

November 17th - 21st

Cartwheel-A-Thon for St. Judes Children's Hospital

November 21st

November Rec Gym Make Up Day 5:30 – 6:30 p.m.

November 24th- 28th

No Classes



Bama Bounders

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