Friday, January 20, 2023 Level 4 & 5	#	Session: 1 Gymnasts 63	Open Warmup 8:00 AM Intro	Timed Warr Awa	nUp ards 11:45 AM
Flight A (39 gymnasts)			Flight B () ———	
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Emerald City	4	3	Emerald City	5	1
First City	4	6	First City	5	4
Fusion	4	4	Fusion	5	5
Infinity	3	1	Infinity	5	8
Infinity	4	8	Ocean City	5	3
Ocean City	4	9	Tupelo Gym Center	5	3
Tampa	4	8			

Friday, January 20, 2023 XD, XP, XSA	#	Session: 2 Gymnasts 45	Open Warmup 12:00 PN Intro		mUp ards 3:30 PM	
			Flight B (20 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	
All Around	XD	8	All Around	XP	5	
Mountain Brook	XP	8	Flipz	XP	3	
NSG Saltos	XP	5	Legacy	XP	3	
Prattville Y	XD	1	Mountain Brook	XD	5	
Prattville Y	XP	2	Mountain Brook	XSA	3	
United Dothan	XP	1	Shining star	XP	1	

Saturday, January 21, 2023 Level 6	Session: 3A # Gymnasts 56		Open Warmup 8:00 AM Intro	Timed WarmUp Awards 11:45 AM	
Gym	Level	# Gymnasts			
All Around	6	7			
ARK Wing	6	2			
Cullman	6	7			
Delta	6	3			
Emerald City	6	3			
First City	6	4			
Fusion	6	2			
Mercury	6	6			
Ocean City	6	2			
Southern States	6	7			
Tampa	6	8			
Titans	6	2			
TNT Tumblers	6	2			
United Dothan	6	1			

Saturday, January 21, 2023 Xcel Silver	Session: 3B # Gymnasts 51		Open Warmup 8:00 AM Intro	Timed WarmUp Awards 10:30 AM	
Gym	Level	# Gymnasts			
All Around	XS	19			
Excel	XS	12			
Greenville	XS	2			
NSG Saltos	XS	17			
Ocean City	XS	1			

Saturday, January 21, 2023 Level 7	Session: 4A # Gymnasts 46		Open Warmup 11:55 AM Intro	Timed WarmUp Awards 3:10 PM	
Gym	Level	# Gymnasts			
All Around	7	6			
Cullman	7	1			
Emerald City	7	1			
First City	7	4			
Fusion	7	1			
Infinity	7	2			
Mercury	7	7			
North Alabama	7	5			
NSG Saltos	7	3			
Southern States	7	3			
Tampa	7	4			
Titans	7	1			
Tupelo Gym Center	7	1			
United Dothan	7	7			

Saturday, January 21, 2023 Xcel Silver	Session: 4B # Gymnasts 47		Open Warmup 11:15 AM Intro	Timed WarmUp Awards 1:45 PM	
Gym	Level	# Gymnasts			
ARK Wing	XS	7			
Bama Bounders	XG	1			
Bama Bounders	XS	4			
Cullman	XS	8			
Flipz	XS	4			
Legacy	XS	4			
Mountain Brook	XS	7			
Shining star	XS	4			
Titans	XS	8			

Saturday, January 21, 2023 Level 8	Session: 5A # Gymnasts 26		Open Warmup 3:20 PM Intro	Timed WarmUp Awards 5:50 PM	
Gym	Level	# Gymnasts			
ARK Wing	8	1			
Cullman	8	1			
Delta	8	2			
First City	8	1			
Infinity	8	7			
Mercury	8	5			
North Bay	8	1			
Southern States	8	1			
Tampa	8	3			
United Dothan	8	4			

Saturday, January 21, 2023 Xcel Bronze	Session: 5B # Gymnasts 49		Open Warmup 2:00 PM Intro	Timed WarmUp Awards 4:15 PM	
Gym	Level	# Gymnasts			
ARK Wing	XB	10			
Cullman	XB	18			
Ocean City	XB	2			
TNT Tumblers	XB	10			
United Dothan	XB	9			

Saturday, January 21, 2023 Xcel Bronze	Session: 6B # Gymnasts 40		Open Warmup 4:30 PM Intro	Timed WarmUp Awards 6:15 PM	
Gym	Level	# Gymnasts			
Bama Bounders	XB	8			
Excel	XB	4			
Greenville	XB	6			
Legacy	XB	8			
NSG Saltos	XB	9			
Titans	XB	5			

Saturday, January 21, 2023 Levels 9-10	#	Session: 7 # Gymnasts 49	Open Warmup 6:00 PM Intro	Timed Warm Awa	Up rds 9:45 PM		
Flight A (29 gymnasts)							
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts		
Infinity	10	12	All Around	9	3		
Infinity	9	8	Emerald City	9	1		
Mercury	10	2	Fusion	9	2		
Mercury	9	7	North Alabama	10	1		
			North Bay	10	1		
			North Bay	9	5		
			Southern States	9	2		
			Tampa	9	3		
			United Dothan	10	1		
			United Dothan	9	1		

Sunday, January 22, 2023 Xcel Gold	Session: 8A # Gymnasts 42		Open Warmup 8:00 AM Intro	Timed WarmUp Awards 10:45 AM	
Gym	Level	# Gymnasts			
Cullman	XG	6			
Excel	XG	4			
Flipz	XG	4			
Greenville	XG	3			
Mountain Brook	XG	7			
Ocean City	XG	3			
Shining star	XG	3			
Tampa	XG	5			
Titans	XG	4			
Tupelo Gym Center	XG	3			

Sunday, January 22, 2023 Levels 1-3	Session: 8B # Gymnasts 59		Open Warmup 9:00 AM Intro	Timed WarmUp Awards 12:15 PM	
Gym	Level	# Gymnasts			
Emerald City	2	11			
Emerald City	3	7			
First City	3	9			
Ocean City	2	3			
Ocean City	3	8			
TNT Tumblers	1	5			
Tupelo Gym Center	2	13			
Tupelo Gym Center	3	3			

Sunday, January 22, 2023 Xcel Gold	Session: 9A # Gymnasts 44		Open Warmup 11:00 AM Intro	Timed WarmUp Awards 2:15 PM
Gym	Level	# Gymnasts		
Alabama Starz	XG	1		
All Around	XG	10		
Bama Bounders	XG	1		
Legacy	XG	8		
NSG Saltos	XG	14		
Prattville Y	XG	8		
United Dothan	XG	2		

	Session: Z # Gymnasts 0	•	Timed WarmUp Awards
Gym	Level # Gymnas	ts	